



Acting 101



An introduction to the basics of professional acting taught by professional actress Heidi Dallin. Learn acting techniques, develop stage presence and build self-confidence through theatre games, pantomime, improvisation, public speaking, and storytelling. Acting 101 is designed to provide young people an outlet to discover their creative potential through building self confidence, and developing communication and teamwork skills to use in their daily life as well as introducing them to the skills necessary for professional theatre.

Ages: 6 - 12 years old

Day: Monday

Time: 4:00pm - 6:00pm

Location: Cape Ann YMCA Conference Room

Dates: September 12 - September 26

Fees: Family Members - \$75, Members - \$90, Community - \$120

For more information contact Heidi at dallinh@northshoreymca.org